

THE

Siddhi NEWSLETTER



SIDDHI MEMORIAL FOUNDATION • BHAKTAPUR • NEPAL

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Siddhi Sundar Dhaubhadel
Born :- 27th April, 1989
Deceased :- 8th October, 1993

"As a memorial to our son Siddhi, we established the Siddhi Memorial Hospital (SMH) in Bhaktapur, an ancient capital near Kathmandu. On October 8th 1993, our four and a half year old son was struck by a jeep as he was coming home from school. His last words, 'please save me; it is painful' were of no avail. He died on the way to Kathmandu, 15 kilometers away. This devastating experience focused our minds on the need for a hospital in Bhaktapur itself. We are so very pleased that the hospital is already helping many needy people, including children such as our beloved son. We are beholden to the many donors and sponsors who have helped to make this hospital a reality."



Shyam & Ranjana Dhaubhadel
FOUNDERS

Exciting New Project for 2005: Siddhi Memorial Foundation Reaches Out to Elderly

The most exciting and ambitious project of the Siddhi Memorial Foundation (SMF) is the opening of the Siddhi Shaligram Briddhasram (SSB), a home for senior citizens, adjacent to the SMH. Mr. Karl Rebele, the President of Nepalhilfe Beilngries, has generously donated the substantial amount needed for the building, which combines traditional architectural features and modern facilities.



SIDDHI SHALIGRAM BRIDDHASHRAM

The mission of SSB is to help elderly people live peaceful, fulfilling and happy lives.

The change in the socio-cultural behavior of people has created a need for a Briddhasram to take care of elderly people. SSB will offer residential care to 30 people and daycare to up to 100 people. It will provide services pertaining to the medical, social and religious needs of elderly people. This includes the provision of basic medical attention by trained healthcare staff, daytime activities promoting socialization, enough time and space for communal puja (prayer and offerings), satsang (religious discourses) and yoga (meditation). Furthermore, participants will get the opportunity to develop skills while enjoying activities such as gardening and handicraft making. SSB will strive to foster a warm and caring environment, and will encourage family and friends to participate as much as possible in its events and activities.

SSB residents will be offered a nutritious diet, essentially vegetarian, served with love and care. SSB will provide basic facilities, clean surroundings, a reading room and library, lounges and recreational areas.

Briddhasram will be offered to all people aged 65 and above who have no one to care for them, or who may feel neglected by their families, lonely and in need of companionship. It will be offered irrespective of caste, religion and nationality. With our support and counseling, we will strive to reunite families. A nominal amount will be charged for food, services and accomodation, but they will be offered free of charge to those who cannot afford to pay.

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Background of the Siddhi Memorial Foundation

The Siddhi Memorial Health Service Centre (SMHSC) was founded in 1993. The wider Siddhi Memorial Foundation (SMF) was founded in 2003 and is a non-governmental, non-profit, charitable, community based organization set up with the help of many private donors and institutions, both in Nepal and abroad.

Bhaktapur was an economically underdeveloped area with higher infant and maternal mortality rates than other areas in Nepal. However due to the contributions of organizations such as the SMF, this situation is improving rapidly. The national infant mortality rate is about 1 in 10 in children under 5 years old, and the maternal mortality rate is about 1 in 200.

The SMH has had a busy and varied 8 years. The SMHSC clinic still provides immunization, family planning, pre-natal and post-natal care on Saturdays. The Siddhi Memorial Hospital (SMH) opened in 1997 and since then, has provided good basic community healthcare to local women and children; conducted some exciting international research; been involved in training doctors, nurses and paramedics; and fostered a good relationship with the local population through health promotion, education, prevention and care.

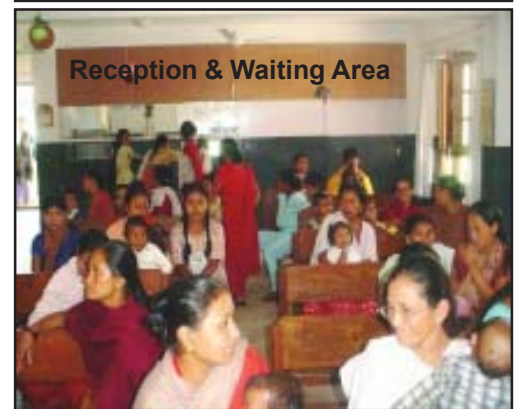
Siddhi Memorial Hospital Continues to Expand

Many improvements and expansions have been seen at the SMH since our last newsletter, with continuing financial support from local and international donors. We have maintained our philosophy of catering to socially disadvantaged groups, and offering a holistic approach to care, education and health promotion. We have continued to build on our success as a 24 hour provider of basic health care to children. The number of patients treated has significantly increased thereby earning us the trust of the local population. We are now seeing about 70 children per day, six days a week, in the Outpatient Department (OPD). Outpatients are charged a small amount, but these charges are waived for those who cannot afford to pay. We currently have 10 inpatient pediatric beds, provided free of cost, primarily used while treating children with pneumonia, other respiratory problems and gastrointestinal illnesses. We have identified a need to expand our Inpatient Department, and will address this need by adding 10 pediatric beds in 2006. Additionally we will soon receive a new, well equipped, Mercedes-Benz ambulance, generously donated by Nepalhilfe Beilngries. We have a good relationship with the Kanti Children's Hospital, Kathmandu (government-run national hospital) where children who are very sick are referred.

The hospital provides outpatient service in gynecology and obstetrics. It also provides diagnostic services, clinical pathology and ambulance retrieval services. The SMH runs health camps in the remote areas of Bhaktapur, and provides health education and awareness programs in schools, especially with respect to HIV/AIDS harm reduction.

Our current hospital set-up has been made possible largely due to our research project with the University of Bergen, Norway and the Department of Child Health, Institute of Medicine, Kathmandu. SMH is the sole recruiter and centre for a large study, investigating the role of zinc as an adjunct to treatment in children under 3 with pneumonia. Prior to this, SMH served as the field centre for a trial of zinc in diarrhoeal illnesses which was published in the *Paediatrics* journal. Both these projects have allowed children in our study area to receive free, high quality treatment.

The success of our core services has inspired us to build a home for the elderly and to plan a children's playground on the same premises. Keep reading to find out more!



Bhaktapur's First Children's Playground!

There are currently no children's playgrounds in Bhaktapur and very few open spaces where children can play safely. We are in the process of setting up a children's playground on the SMH premises to provide a safe and educational environment for the children of our community. This playground is for the enjoyment and development of all children, including those attending the hospital and members of the community at large. The playground will offer a unique, informal place for parents, especially mothers, to exchange health information and to support each other. The children's playground will also offer the elderly citizens of SSB precious contact with children where both will benefit as in a grandparent to grandchild relationship.



SMF Founder Wins Prestigious Award !

On September 22, 2005, Shyam S. Dhaubhadel, the founder of the Siddhi Memorial Foundation, was awarded the **Social Service Award 2005** by **Her Royal Highness the Crown Princess Himani Rajya Laxmi Devi Shah**, for his contribution towards the healthcare of destitute women and children, and his exemplary work in social service. Seven awardees were selected from approximately 16,000 NGO's and INGO's working in Nepal. Congratulations Shyam!

In September, 2004, Shyam's efforts led him on a fundraising and educational campaign in the Netherlands, Germany and the United States of America. He collected important donations for the SMF and also visited various senior citizens' facilities. He was able to assess the quality of care offered to the elderly abroad and to observe the activities offered in these facilities. Among the many things Shyam learnt abroad was the importance of trained healthcare providers in the lives of the elderly. SSB will therefore provide its participants with healthcare personnel and the opportunity to participate in fulfilling activities.

Recent Developments in Human Resources

The SMH continues to play a vital role as a facilitator of the education of medical professionals in Nepal. Since our last newsletter, the hospital's donors have provided scholarships for four Nepali students to attend medical school. Mr. Hari Om Joshi and Mr. Madhusudan Kayastha are currently attending the Manipal College of Medical Sciences, Pokhara; Mr. Dhruva Shrestha is attending the B.P. Koirala Institute of Health Sciences, Dharan; and Mr. Suraj Dhaubhadel is attending the Dhaka Medical University, Bangladesh. Scholarships have also been provided to three nursing students. Miss Kalpana Awal has completed her certificate at the TU Nursing Campus, Maharajgunj; Miss Pratibha Khatry is attending the Sushma Koirala Memorial Nursing Campus, Kathmandu and Miss Sharada Barakoti is attending the TU Nursing Campus, Birgunj. To date, the SMF has granted scholarships for 9 doctors and 15 nurses. In September, 2004, Dr. Sita Shakya participated in a Reproductive Health Seminar held in Tokyo, Japan which was funded by the Japan International Cooperation Agency.

The hospital is searching for donors whose contributions would allow one of its existing doctors to pursue a further 3 years of study to become a pediatrician. The SMF is also excited to reach out into the community and is in the process of encouraging volunteerism. Local adults and youth are encouraged to contribute to the SMH and SSB. Volunteers from within Nepal or abroad with experience in geriatrics or hospital care are especially needed.

How the Foundation is Financed

The foundation is a non-governmental, non-profit charitable organization and as such, it is financed entirely by donations made by sponsors within Nepal and abroad. To ensure the financial sustainability of the hospital, an endowment fund was created in 2000. To date the fund has reached a total of approximately NRs. 30,000,000 (approximately USD \$400,000) and its interest is covering a large portion of the hospital's daily costs. Patients who can afford to pay are charged for investigations and medications, however services are offered free of charge to patients who cannot afford them. Financial pressures are tight and the SMF is currently very dependent on research funds, which will come to a halt when our latest study concludes in 2006. Any donations or pledges would be more than welcome and will make a world of difference to patients who often have very treatable diseases.

How Can You Help?

You can help by spreading the word of our good work. Also by making a donation payable to:

- **Saving A/c. Number 010020 J of Himalayan Bank Ltd. Bhaktapur.**
- **Current A/c Number 2078300 of Nepal Investment Bank Bhaktapur**

Acknowledgement of donation and a receipt shall be issued to all donors. All are welcome to visit our project site and to inspire us as we endeavor to help the people of our community.

Our Most Recent Donors

(April 2001- October 2005)

Name of the Donors	Country	Amount	Name of the Donors	Country	Amount
Nepalhilfe Beilngries	Germany	20,345,775.20	Marlene Meyn	Germany	79,450.00
Frères de nos Frères	Switzerland	10,117,175.68	Fagner Family	Germany	77,315.00
Mrs. A. Guhl & Friends	Switzerland	5,935,762.25	People of Nehishi	Japan	66,100.00
Nepalhilfe Kulmbach	Germany	2,501,162.19	Thomas & Manuela	Germany	65,000.00
Prof. Rolf Osterhoff	Germany	1,746,982.00	Dr. Christia Fritze	Germany	57,190.00
Canadian Co-operation	Canada	1,559,798.00	Enza E Luciano	Italy	51,480.00
Swiss Dev Co-operation	Switzerland	1,500,000.00	Ratna-Mangal Maya	Nepal	50,001.00
Rotary - Oberammergau	Germany	1,110,000.00	Erika Heimrath	Germany	49,500.00
Ursula Bierbach	Germany	1,090,087.68	Stephenson Partnership	Australia	47,500.00
George H Grubitz	Germany	795,784.39	Christiane Etta Mary	Germany	45,323.75
Embassy of Germany	Germany	764,315.72	Robert Imparto	Italy	45,000.00
Center Harm Reduction	Nepal	698,069.00	Irene/Raffaele Jachett	Italy	43,835.00
Madat Nepal Foundation	Netherlands	696,563.00	Bernhard Fries	Germany	40,158.00
Friends of Nepal	Germany	637,528.15	Sumiko Tusikawa	Japan	40,000.00
Giorgio Bisotti	Italy	512,991.75	Gregory P. Grieve	USA	38,875.00
Tondabayasi E. Club	Japan	570,000.00	Keio Gijiku	Japan	33,050.00
Von Rohdichscher L.	Germany	462,500.00	Regine Winter	Germany	32,400.00
Dr. Seth Bagan	USA	441,100.00	Gueinwieser Family	Germany	29,200.00
Luciano Family	Italy	370,737.00	Leitner Family	Germany	29,200.00
Zuern GmbH	Germany	366,316.63	Nella E Giapaolo	Italy	27,000.00
Bhaktapur Craft Printers	Nepal	340,000.00	Otto Beck Family	Germany	26,850.00
Child Haven International	Canada	329,109.00	Aucilott	Italy	25,650.00
Inge Kuster	Germany	227,355.00	Purna B. Chettri	Nepal	25,000.00
John & Mary Halliwell	England	226,294.02	Annelise Leitner	Germany	24,489.00
Diavolo Rosso	Italy	217,693.64	Leyla and Friends	Turkey	22,539.00
Amelia Ayre	Canada	210,700.00	Annelore Ganssler	Germany	20,000.00
Daya Pradhananga	USA	189,880.00	Fujiki Masako	Japan	19,800.00
Shag-Fei Oons	Ireland	185,000.00	Tiziana Wuest	Switzerland	18,646.00
Fernando Caterino	Italy	181,890.00	Dr.W. Lutze	Germany	18,000.00
Herman Feiler	Germany	159,310.00	Elizbeth Fuchs	Germany	16,326.00
Late Roberto Zaghetto	Italy	155,000.00	Erich Rach	Germany	15,663.00
Joachim Schimming	Germany	137,935.45	Siva B. Baniya	Nepal	15,000.00
Walter Rindfleisch	Germany	120,000.00	Onel	Germany	14,000.00
Prof. F.G Malkoc	Turkey	119,584.00	Glanni Pretto	Italy	13,500.00
Dr. Hans Ridl	Germany	113,600.00	Isamu Takata	Japan	13,320.00
Purna B. Raithore	Nepal	111,111.00	Hike Eckart	Germany	13,024.00
Horch Family	Germany	108,000.00	M. Steinacker	Germany	12,250.00
Renate Rebele	Germany	103,860.00	BAW MUNCHEN	Germany	11,840.00
Dina Topbas	Turkey	102,850.00	Khaitu Family	Nepal	11,111.00
Shree K. B. Amatya	Nepal	100,000.00	Oscar Zambon	Italy	10,800.00
UHL Ernst	Germany	97,680.00	Walter Baumann	Switzerland	10,500.00
Association PACOFEN	France	96,000.00	Alan Haines	UK	10,350.00
Lawremson Family	UK	94,149.75	Binod Shrestha	Germany	10,005.00
Friends of Zaghetto	Italy	92,000.00	Werner Ofner	Germany	10,000.00
Soroptimist	Kuwait	90,652.13	Total donations of under NRs. 10,000		291,445.00
Marianne Korff	Switzerland	82,978.00	Grand Total		57,922,966.38
Wirhelfen Nepal	Germany	80,000.00			

We would like to apologize for any errors or omissions. Due to limited space we are unable to list all the donors of under NRs. 10,000, but we would like to assure them that their contributions are greatly appreciated.

SIDDHI MEMORIAL FOUNDATION

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